**Discussion Questions**

1. What are some of the factors which contribute to the growing number of middle-aged women taking antidepressants?
2. Research tells us women are more likely to seek treatment for mental health issues. Why might the numbers that show women are more susceptible to depression and, therefore, likely to take antidepressants be skewed?
3. More than one in 10 Americans over the age of 12 take antidepressants. Discuss the reasons for the overall 400% increase in those who are taking antidepressants in the past 15 years.